

Broken Dentures? Help at hand!

There are two types of dentures – complete and partial. Both types are likely to receive damage at some point, requiring denture repairs. Millions of people rely on dentures to speak comfortably, smile with confidence, and eat foods that would be difficult with missing teeth.

Why do dentures break?

Dentures can crack and break due to numerous reasons. As you grow older, the shape of your face, jaw, and bite changes resulting in your dentures becoming looser and more uncomfortable. Which is why most dentists agree that a change of dentures is required every seven years. Furthermore, dentures break due to wear and tear – simply put, they are not as good as natural teeth, and are kept in the damp environment of the mouth for long periods of time, causing materials to continuously degrade. Other reasons include accidents, dropping them, or biting down on hard foods or candy.

What can I do?

Book an appointment with a dentist as soon as possible to repair your dentures.

Just call 02087888588 or visit us at 226a Upper Richmond Road, London and we will be happy to help!

The difficulty of the repair is dependent on the severity of the damage to the dentures. Cracked dentures and dentures that have lost teeth are relatively easy to repair and can usually be bonded back. If the tooth has been lost, your dentist will match the colour of the new tooth to match the others. Broken dentures can be more problematic to fix, but often not impossible. The quality of materials used for cementing and bonding in dentistry allows the dentures to be repaired to a very high standard.

Can I repair my dentures myself?

Most dentists would advise against attempting to repair your dentures yourself. However, there are emergency options that you can use, such as a Denture Repair Kit which will provide you with basic repairs until you see a dentist. Do NOT use any household glues to try to repair your dentures – this is not safe for your teeth and your overall health, as most of them contain poisonous elements.

How do I look after my dentures better?

Dentures are commonly worn on daily basis and thus require extra care and constant cleaning to keep them in good condition. Your dentist can advise you on

the most effective methods and tools to care for your dentures. Meanwhile, here are some useful tips:

- Clean your dentures after every meal for a couple of minutes using your toothbrush.
- Soak your dentures regularly in an appropriate solution – if possible soak them overnight.
- Fill the sink with water when you are brushing them. That way, they are less likely to get damaged if you drop them.

Remember, if you seek professional help right away, the treatments are often very simple!