

## **Knocked-out tooth? Act quickly!**

Teeth are incredibly strong and durable - the enamel that covers the teeth is the strongest substance in the body, while the dentin that lays just under is the second strongest substance, even stronger than bones. Due to its strength and durability, there is a good chance the knocked-out (avulsed) tooth can be saved if the correct procedures are followed quickly and efficiently.

### **What can I do?**

**Get to a dentist as soon as possible!**

**Just call 02087888588 or visit us at Alkali Dental Studios, 226a Upper Richmond Road, London and we'll take care of the rest!**

In the meantime, it is essential to follow these steps:

1. Pick the tooth up by the crown and avoid touching the root end (the part under the gum)
2. Gently place the tooth back into its socket. Alternatively, tuck it between your cheek and gum, under your tongue, or place the tooth in a container of cool milk.

### **DO NOT:**

- Do NOT handle the roots of the tooth.
- Do NOT scrape the root of the tooth to remove dirt.
- Do NOT brush or clean the tooth with alcohol or peroxide.

Remember, acting quickly and getting to the dentist right away is essential to save the tooth!

### **What will the dentist do?**

The difficulty of the treatment for knocked-out teeth will depend on the severity of the injury. If the tooth or bone is broken, the process will be more complicated. Your dentist will flush debris and dirt from the socket by using water or special solution. The tooth will then be placed back correctly into its socket and splinted to neighbouring teeth to keep it stable using orthodontic wire and plastic resin.

It may occur that the tooth doesn't attach in the right way due to the severity of damage. Your dentist will monitor your tooth, and may suggest further treatment, such as a root canal if this happens.

When the tooth is knocked out, the nerves and blood vessels damaged too. Usually, these cannot be repaired. Root canal treatment is often needed to prevent the tooth from changing color or developing an abscess.